

Jeffrey Sean Dokken Music Director

SYMPHONY ORCHESTRA
of **NORTHERN VIRGINIA**



SONOVA

Eleventh Season
2023



Welcome!

The SONOVA Board of Directors and Music Director Search Committee are pleased to welcome two finalists in the Music Director Search, Glen Cortese and Ingrid Lestrud, as guest conductors for the March and May concerts, respectively. The SONOVA team is eager to incorporate both musician and audience feedback as part of the selection process. Please email your feedback to orchestramanager@sonovamusic.org, or submit anonymously via the electronic form (also linked on the SONOVA website): <https://forms.gle/ghBxGK9FFCfL7XjX8>.

The SONOVA Board of Directors and staff would like to thank the members of the Music Director search committee (Michael Thompson, Agnes Manley, Eileen Street, Alex Grisos, Tanya Whisnant, Joe Luquire, and Brian Falkowski). The committee reviewed many applications, conducted interviews of candidates, and recommended the finalists to the Board. Thank you for your commitment of time to the future of SONOVA!

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Music Director



As featured in the “Best Of” issue of Virginia Living Magazine, Maestro Jeffrey Sean Dokken is one of today’s most exciting and vibrant Music Directors and Conductors. Over the past decade, Dokken has performed throughout the United States in some of America’s greatest venues, including The Kennedy Center, Carnegie Hall, Strathmore Concert Hall, The Grand Opera House, Constitution Hall and many more. Internationally, he’s performed in innumerable world renowned venues throughout Europe and South America. Maestro Dokken has had the distinct honor of conducting at the White House in Washington D.C. on several occasions.

Dokken is the Music Director and Conductor of the Symphony Orchestra of Northern Virginia, and the Artistic Director and Conductor of The Rome Symphony Orchestra in Rome, Georgia. Additionally, Maestro Dokken is the Music Director for the NFL’s Washington Commanders. Dokken has an active career as a guest conductor, and amongst many other recent engagements throughout the United States and abroad, has recently had the honor of conducting the National Symphonies of Brazil and Ecuador, and conducting the World Premiere of the Philip Glass Flute Concerto in Florence, Italy.

After earning his degree in voice from the University of Redlands, Dokken pursued graduate degrees at California Lutheran University and Shenandoah Conservatory. A multi-instrumentalist as well as a vocalist, Dokken is a piano, brass, and percussion specialist, with an emphasis on low brass.

To read Dokken’s full bio, visit sonovamusic.org/music-director.

The Orchestra

Jeffrey Sean Dokken

Music Director

Michael Thompson

Associate Conductor

First Violin

Tanya Whisnant

Concertmaster

Kristie Budihardjo

Molly Jackson

Savannah Kari

Joseph Keum

Marisa Liles

Myranda Moye

Adriel Pond

Chris Rudyj

Serena Sela

Sarah Taylor

Second Violin

Jeanne Faubell

Principal

Jiyoung Chung

Lorrie Clark-Hannan

Bryna Helfer

Julia Maas

Abhita Moorthy

Veera Parko

Vanessa Smith

Viola

Jennifer Dehkordi

Acting Principal

Ken Barnett

Aurelio Dominguez

Amanda Gorman

Cynthia Liccese-Torres

Ana Montenegro

Elizabeth Steele

Cello

Kathy Augustine

Co-Principal

John Janega

Agnes Manley

Kasia Podbielski

Eileen Street

Bass

Kate Easton

Jacqueline Robertson

Simon Semann

Flute

Martine Micozzi

Principal

Hailey Nowacek

Piccolo

Ryanne Waters

*Principal***Oboe**

Rachael Bredefeld

Principal

Jeff Kahan

Clarinet

Deborah Albert

Principal

Shen Edwards

Bassoon

Whitney Burkholder

Principal

Joan Fragaszy Troyano

Contrabassoon

Aaron Hahn

*Principal***French Horn**

Deanne de Lima

Principal

Marjorie Marque

Sara Smith

Patrick Walker

Trumpet

Michael Thompson

Principal

James Lewis

Jeff Menzin

Trombone

Ian Giles

Principal

Matthew Darr

Bruce A. Patterson

Timpani

Shawn Mitchell



Guest Conductor



Dr. Ingrid Lestrud enjoys an active career as a conductor and educator. Drawn to music and singing at an early age, she studied vocal performance as an undergraduate and discovered a passion for conducting choral and orchestral music. She went on to study orchestral conducting at the graduate level, eventually completing her Doctor of Music degree at Northwestern University, where she studied with Victor Yampolsky. While living in Chicago, Dr. Lestrud sang with the Chicago Symphony Chorus for several seasons under the baton of Riccardo Muti, performing in the Grammy award-winning recording of Verdi's Requiem. She spent three years as the Voice Department Chair of the Merit School of Music, a community music school that serves over 6,000 students with a focus on underserved communities. Collaborating with the Lyric Opera of Chicago, she worked with Renée Fleming to develop curriculum for Merit's Solo Voice Program, and her choir performed for and with Ms. Fleming for special events.

Dr. Lestrud is currently the Artistic Director of The Arlington Chorale, an auditioned chorus that performs well-known symphonic choral masterpieces and compelling new works. She recently won the 2022 Mid-Atlantic Teaching Artists Innovate + Create contest for her work with Performers With Purpose, a youth outreach group she founded that combines music with service projects for the community. Formerly the Principal Associate Conductor of the Grammy award-winning National Children's Chorus, she worked with some of the finest young singers in the nation, preparing them for concerts at Carnegie Hall, Lincoln Center, Walt Disney Concert Hall, and the Kennedy Center. Dr. Lestrud is also a conductor with Encore Creativity, a choral organization for older adults that focuses on preparing high quality performances while also fostering a sense of community through singing. In addition to choral groups, Dr. Lestrud serves as the Assistant Conductor for Capital City Symphony in Washington, D.C., where she recently led the orchestra for the Atlas Performing Arts Center's INTERSECTIONS Festival, a performing arts festival that illustrates where the art world and the real world intersect.



Beethoven, Brews, & BBQ

Saturday, May 6, 2023, 6:00 PM
Leonadus K. Plenty Amphitheater
Jeffrey Sean Dokken, Music Director

Leonore Overture No. 3

Ludwig van Beethoven (1814)

Featuring Ingrid Lestrud, Guest Conductor

Intermission

Symphony No. 5

Ludwig van Beethoven (1808)



2022-2023 Season

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<i>Orchestra Manager</i>	Elizabeth Steele
<i>Marketing & Development</i>	Zoe Yang

The Board would like to thank you for supporting SONOVA.
We would also like to thank the Fairfax County Park Authority and the
George Washington Masonic National Memorial.

Special thanks also to Martine Micozzi for planning and leading the sendoff
celebration for Jeff, which took place Saturday, April 22.

The event was a night of festive celebration and reminiscing of fond
memories of spending time under Jeff's leadership.

About the Symphony



SONOVA began in 2011 as a small, government-funded orchestra in Arlington County, Virginia, borne from the efforts of Maestro Dokken and a group of committed musicians. We are now a professional organization dedicated to providing high quality, innovative music at affordable prices.

Our home theater is the beautiful George Washington Masonic Memorial Theater. Over the years, SONOVA has been invited to perform throughout the Mid-Atlantic region with arts organizations as wide ranging as renaissance choirs, tap dance companies, symphonic choirs, and Broadway artists. Additionally, SONOVA has performed at such venues as Arlington's Spectrum Theater, the Grand Opera House in Wilmington, Delaware, the historic Church of the Reformation in Washington, D.C., the White House, and Colonial Williamsburg's historic Bruton Parish.

SONOVA routinely performs with world-class guest artists, conductors, and musicians. SONOVA has been joined onstage by world-renowned soloists and conductors Jorge Saade-Scaff, Sofya Gulyak, Juan Carlos Escudero, Krystal Rickard-McCoy, Jackson Caesar, Laura Wehrmeyer, Bakaari Wilder, David Timpane, Barry Hemphill, and many others.

SONOVA also places special importance on collaborations and both American and world premieres. Since its inception, SONOVA has given premieres of works by Brian Wilbur Grundstrom, Peter Rauch, Paul Leavitt, Michael Ream, and William Burdett.



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